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Region 6 Homeland Security Board and Safeguard Iowa Partnership Announce Week 11 of “20 Weeks to Preparedness Program”

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Welcome to Week 11 of the 20 Weeks to Preparedness Program brought to you by the Region 6 Homeland Security Board and Safeguard Iowa Partnership. This program will help to better prepare you and your family, a little at a time, over a 20 week period. Each week new preparedness information will be shared including a list of items to gather or purchase for your disaster supply kit. Sign up at www.safeguardiowa.org/subscribe-to-be-prepared to receive weekly reminders and announcements related to the 20 Weeks to Preparedness program.

Use this program to gather items for your kit in small steps over a five month period. Remember to change and replace perishable items by the expiration date. Purchasing the food suggested by this program would last approximately 3-5 days.

Place in storage bin:

- ✓ One gallon of water per person per day
- ✓ Paper, pen, pencil, and scissors
- ✓ Sunscreen
- ✓ Protein bars

Personalized Item (if applicable):

- ✓ Litter pan

To do:

- ✓ Determine signal with family and friends to be used to communicate safety.

Additional assistance is available by contacting your local Emergency Management Coordinator at 319-356-6761 or visiting their website at www.jecc-ema.org Visit Safeguard Iowa Partnership at www.safeguardiowa.org

Region 6 Homeland Security Board is comprised of fourteen counties in eastern Iowa that coordinate homeland security planning, training, exercise, response, and recovery. The counties included are Benton, Black Hawk, Buchanan, Cedar, Clayton, Clinton, Delaware, Dubuque, Iowa, Jackson, Johnson, Jones, Linn, and Scott.