



SAFEGUARD
IOWA
PARTNERSHIP™



Region 6 Homeland Security Board and Safeguard Iowa Partnership Announce Week 15 of “20 Weeks to Preparedness Program”

Release Date: May 21, 2012

Release Number: 16

Welcome to Week 15 of the 20 Weeks to Preparedness Program brought to you by the Region 6 Homeland Security Board and Safeguard Iowa Partnership. This program will help to better prepare you and your family, a little at a time, over a 20 week period. Each week new preparedness information will be shared in this publication including a list of items to gather or purchase for your disaster supply kit. Sign up at www.safeguardiowa.org/subscribe-to-be-prepared to receive weekly reminders and announcements related to the 20 Weeks to Preparedness program.

Use this program to gather items for your kit in small steps over a five month period. Remember to change and replace perishable items by the expiration date. Purchasing the food suggested by this program would last approximately 3-5 days.

Place in storage bin:

- ✓ One towel per person
- ✓ Pliers
- ✓ Hard hat
- ✓ Canned vegetables (one can for every two people)

Personalized Item (if applicable):

- ✓ Extra keys to the car

In the face of disaster, Iowans come together with courage, compassion and unity and ask, “How can I help?” There are many ways to Get Involved especially before a disaster occurs. The whole community can participate in programs and activities to make their families, homes and communities safer from risks and threats. Major disasters can overwhelm first responder agencies, empowering individuals to lend support.

Volunteer to support disaster efforts in your community. Get trained and volunteer with the Johnson County Medical Reserves Corps. To learn more about the MRC please go to www.jecc-ema.org and click on Training to view brochure and application. Many local faith-based and community organizations have programs active in supporting disasters too.

Additional assistance is available by contacting your local Emergency Management Coordinator at 319-356-6761 or visiting their website at www.jecc-ema.org. Visit Safeguard Iowa Partnership at www.safeguardiowa.org, on twitter @safeguardiowa or Facebook at www.facebook.com/safeguardiowa.



SAFEGUARD
IOWA
PARTNERSHIP™



The Region 6 Homeland Security Board is comprised of fourteen counties in eastern Iowa that coordinate homeland security planning, training, exercise, response, and recovery. The counties included are Benton, Black Hawk, Buchanan, Cedar, Clayton, Clinton, Delaware, Dubuque, Iowa, Jackson, Johnson, Jones, Linn, and Scott.