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## Region 6 Homeland Security Board and Safeguard Iowa Partnership Announce Week 16 of “20 Weeks to Preparedness Program”

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Welcome to Week 16 of the 20 Weeks to Preparedness Program brought to you by the Region 6 Homeland Security Board and Safeguard Iowa Partnership. This program will help to better prepare you and your family, a little at a time, over a 20 week period. Each week new preparedness information will be shared including a list of items to gather or purchase for your disaster supply kit. Sign up at [www.safeguardiowa.org/subscribe-to-be-prepared](http://www.safeguardiowa.org/subscribe-to-be-prepared) to receive weekly reminders and announcements related to the 20 Weeks to Preparedness program.

Use this program to gather items for your kit in small steps over a five month period. Remember to change and replace perishable items by the expiration date. Purchasing the food suggested by this program would last approximately 3-5 days.

Place in storage bin:

- ✓ Disinfectant
- ✓ Crowbar
- ✓ Utility knife
- ✓ Canned meat (one can for every two people)

Personalized Item (if applicable):

- ✓ Toys

In the face of disaster, Americans come together with courage, compassion and unity and ask, “How can I help?” There are many ways to Get Involved especially before a disaster occurs. This week consider joining or starting a preparedness project. Find an event or identify local resources, build a team, choose a project, set goals and serve your community by improving the preparedness of your friends, colleagues and neighbors. Visit <http://www.serve.gov/toolkits/disaster/index.asp> to learn more.

Additional assistance is available by contacting your local Emergency Management Coordinator at 319-356-6761 or visiting their website at [www.jecc-ema.org](http://www.jecc-ema.org). Visit Safeguard Iowa Partnership at [www.safeguardiowa.org](http://www.safeguardiowa.org), on twitter @safeguardiowa or Facebook at [www.facebook.com/safeguardiowa](http://www.facebook.com/safeguardiowa).

The Region 6 Homeland Security Board is comprised of fourteen counties in eastern Iowa that coordinate homeland security planning, training, exercise, response, and recovery. The counties included are Benton, Black Hawk, Buchanan, Cedar, Clayton, Clinton, Delaware, Dubuque, Iowa, Jackson, Johnson, Jones, Linn, and Scott.

The Safeguard Iowa Partnership is a voluntary coalition of the state's business and government leaders, who share a commitment to working together to prevent, prepare for, respond to and recover from disasters in Iowa.